

FEE SCHEDULE

The procedure is time consuming and may involve several lens changes. For this reason the initial costs are greater than conventional contact lens correction.

Consultation/ Fitting Fee

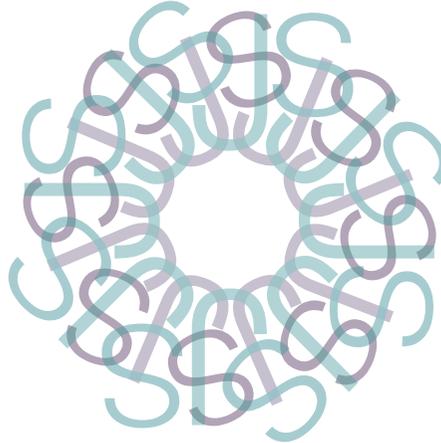
£152 for all appointments required to establish the optimum fit of the lenses and a care regime for each patient – to be paid at the initial fitting.

Monthly Payments

From £51 per month – starts after final lenses are fitted (Includes all contact lens cleaning/ storage solutions, 6 monthly check ups, and 12 monthly replacement lenses).

Refund Policy

If unsuccessful the direct debit may be stopped after we calculate the amount of products used. The initial fitting fee is non-refundable.



JANESMELLIE
OPTICIANS

PERSONAL SERVICE, PROFESSIONAL CARE



**NO SPECS, NO LENSES
JUST GREAT VISION!**

ORTHO K

**The non-surgical answer
to Myopic Correction**

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WHAT IS ORTHOKERATOLOGY?

Orthokeratology, or Ortho K, involves the use of specially designed rigid gas permeable (RGP) contact lenses to improve the vision through the reshaping of the cornea.

In recent years technology has become available to accurately scan the cornea and manufacture lenses that will achieve a controlled and precise reduction in the eye's optical imperfections. In addition the development of lens materials with higher levels of oxygen permeability have enabled safe overnight wear.

The technique of Ortho K is now a safe, viable and reversible alternative to laser refractive surgery. The cornea is elastic and returns to its original shape if lens wear is stopped. For this reason the lenses are worn nightly or 4-5 nights per week, after the ideal corneal shape has been achieved, and removed in the morning giving perfect vision all day.

WHY ORTHO K?

The main purpose of Ortho K is to be free of both contact lenses and spectacles all day. The freedom from any artificial aids appeals to spectacle and contact lens wearers. It is ideal for sportsmen, those who work in dusty or dirty environments or people who find spectacles or conventional contact lenses inconvenient.

In addition, those who need to have a certain degree of uncorrected vision to satisfy their employers or a licensing body (e.g. pilots, police) can also be helped by Ortho K.

Possibly one of the ideal situations for using Ortho K is for the child or teenager with early myopia (short sightedness). Not only does it give them the advantages listed above but the procedure appears to also stabilise or retard the progression of myopia.

WHO IS SUITABLE FOR ORTHO K?

The procedure works best up to a maximum prescription of 7.00 dioptres of myopia and 2.5 dioptres of regular astigmatism.

However, the latest designs can tackle prescriptions from -12.00 to +3.00 dioptres. The outcome depends on several unknown factors for each individual; the complexity of the corneal shape and the response of the cornea itself. Thus the speed of corneal moulding from one individual to the next will vary. Most will achieve full correction within 3 days. Whilst the success rate is very high, total success cannot be guaranteed due to these factors.

DOES ORTHO K HAVE ANY ADVANTAGES OVER LASER SURGERY (LASIK)? YES!

Children and teenagers are not eligible for Lasik

Ortho K is suitable for all ages and there is evidence to suggest that the procedure slows down the progression of myopia

The procedure is reversible (LASIK is not!)

It does not cause permanent hazy vision experienced by some patients following laser surgery

Changes in prescription over time can be dealt with without further surgery

There is a very significant understanding of the effects of contact lens wear on the cornea, due to many years of lens use

There is no post-operative pain or recovery period

WHAT ARE THE ADVANTAGES OF ORTHO K?

Good vision without spectacles or contact lenses all day

It is not a surgical procedure

It is reversible

It is modifiable

It does not hurt

It may slow down the increase of myopia in children

Using well established contact lens fitting techniques means that there are very few risks
Ideal for sportsmen, swimmers or those who work in dusty and dirty environments

SOME LONG TERM CONTACT LENS WEARERS DEVELOP A SENSITIVITY TO THEIR LENSES WHICH RESULTS IN REDUCED WEARING TIME. ORTHO K CAN SOLVE THESE PROBLEMS.

WHAT ARE THE DISADVANTAGES OF ORTHO K?

You must be prepared to allow for 4-7 visits over 3-6 months

RGP wearers need to stop wearing lenses for 2 weeks before treatment

Continued lens wear is essential or the cornea will revert to it's original shape

The degree of success is high but cannot always be guaranteed